

September '17

Wellness Letter

Dear Patients and Friends,

September is Chiropractic Health Month! It is also the month we celebrate the birthday of chiropractic which began officially on September 18, 1895 when Dr. D.D. Palmer delivered the first chiropractic adjustment.

Throughout the month we will be sharing with you some exciting topics to help better educate you on the benefits of chiropractic care. We know that the better informed you are the better health decisions you will make for you and your family.

September also marks back to school and back to sports including football, soccer, volleyball and gym class! With these activities comes the risk for concussion – a direct insult to the brain and nervous system which can have a significant impact on your child. We'll also be sharing some excellent information on concussion to better educate you on this often missed condition that could have lasting impact on your child's health.

In addition to our monthly newsletters, we are expanding our reach to our community through Facebook posts. If you have not yet liked us on Facebook, please do so today.

We encourage you to share with us the topics you are most interested in so please email us, post on Facebook, call the office or discuss with us when you are in the office for care so that we continually provide content you find valuable for you and your family. We will also be adding some in-office workshops and community lectures throughout the year and will keep you updated when these are so you can plan to attend.

Also, if your company or community organization needs a speaker we still have a few openings left for this year. Please contact me ASAP though so we can plan accordingly.

Make it a great day

Dr. Ed

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