

AUGUST '17 WELLNESS LETTER

Dear Patients and Friends,

Activator turns 50!

I had the privilege of attending the Global Leadership Conference in Phoenix, Arizona two weeks ago sponsored by Activator Methods International, Ltd. to celebrate the 50th Anniversary of the Activator Method. Doctors of Chiropractic attended from the U.S., Canada, Mexico, Brazil, U.K., Ireland, Spain, Greece, Japan and Australia. I had an opportunity to meet these doctors and learn how chiropractic is growing around the world as there are now more chiropractic colleges internationally than there are in the U.S. We also benefited from leadership training from the Lincoln Leadership Institute based in Gettysburg, Pa. I have utilized the Activator Method exclusively in my practice for 28½ of my 29 years in practice. I have had the honor to be an instructor for Activator Methods for over 20 years now as well as serve on the Clinical Advisory Board. The future continues to shine brightly looking ahead to the next 50 years!

Backpack Safety:

Soon you will be hearing announcements for the New York State Fair! Summer is slipping away and the ads are already out for back-to-school sales. Backpack safety is a concern for us because the daily use of backpacks can lead to spinal problems in children. We have created a handout on backpack safety to use as a guide, especially if you are looking for a new backpack for your child. Please email our office if you'd like a copy of this handout **before** you go shopping!!

National Golf Month:

August is National Golf Month! Whether you are an avid golfer or an occasional tournament golfer, you've probably heard of Jordan Spieth and Zach Johnson. Both are incredible golfers and both are chiropractic patients and advocates! Zach's dad graduated from Palmer College of Chiropractic, my alma mater. They both have done public service announcements about the benefits that chiropractic care has provided them in their career. Regardless of your level of expertise, we want you to experience the benefits of chiropractic too! Call our office today to find out how.

Several Dates Left:

We have several dates left this Fall for scheduling Dr. Galvin to speak to your organization on a variety of health-related topics. If you are interested please contact our office. We can customize our presentation to the specific needs of your business or organization.

Make it a great day!

Dr. Ed

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